

# As a PE learner in **Risk** I can...

## Establishing

- I will be able to **identify** any potential risks/hazards that could impact my performance
- I will **recall** the correct technique of each basic skills and sometimes **show** this within my performance
- I will be able to **recognise** the strengths or areas of development in my own performance
- I can **list** the basic principles that are used within a competitive situation

## Developing

- I can **explain** the potential risks that could affect my performance and **discuss** why.
- I will be able to **outline and summarise** the strengths and areas of development for my own performance
- I can **distinguish** the basic principles of competitive situations and **understand** how to develop my performance further

## Securing

- I can **predict** the risks that could potentially impact my performance and **solve** these to ensure that I make positive progress
- I can **demonstrate** the correct technique of each basic skill and **apply** these in a competitive situation
- I can **construct** a plan which will positively impact my performance and improve any areas that may need developing
- I can **apply** the principles of each competitive situation in order to **demonstrate** my skills and understanding

## Advancing

- I am able to **analyse** the potential risks and **judge** the impact that this would have on my performance
- I can **recommend** ways that my key skills and techniques can be used in order to tactically outwit my opponents
- I am able to **decide** when it is appropriate to use specific skills in order to successfully support overall performance
- I am able to consistently **evaluate** my own performance and **compare** others strengths and areas for development with my own and potentially other teams

## Excelling

- I am able to **create** a **plan** that eliminates any risks that could occur during a competitive situation.
- I am able to **substitute** specific skills that allow me to **devise** strategies that will tactically outwit my opponent and improve my performance
- I am able to **generate** a plan which will positively impact the performance of others through **designing** a drill to support with this