



#equippedforlife

The
Westgate School

Personal, Social, Health & Economic (PSHE) Education Policy

Approved by:	Governing Body	Date: September 2026
Last reviewed on:	July 2025	
Next review due by:	September 2027	

Contents

1. Aims	2
2. Statutory requirements	2
3. Content and delivery	4
4. Roles and responsibilities	3
5. Monitoring arrangements	4
6. Links with other policies	4

1. Aims

Statement of Principles

Our PSHE programme at The Westgate School is rooted in our school values and aims to equip each child with a sound understanding of risk and the knowledge and skills required to safely and successfully make informed decisions that will aid them in navigating their way through life whilst at school and for the years that follow.

We recognise that PSHE encompass many areas of study and so our programme draws on the statutory content already outlined in the national curriculum, the basic school curriculum and in statutory guidance as out lined in section 2.

The aims of personal, social, health and economic (PSHE) education in our school are to help pupils:

- › Gain the knowledge and skills necessary to make safe and informed decisions
- › Understand how to stay healthy and active
- › Positively contribute to school life and life in the wider community
- › Develop an understanding of democracy and how to voice their views

We deliver our PSHE and RSE curriculum through our Character Education Programme. This will include content delivered by Westgate staff as well as the use of external providers to support age related curriculum content where greater expertise is required.

Our PSHE curriculum is rooted in our ethos and values of Character, Community and Celebration.

2. Statutory requirements

PSHE is a non-statutory subject. However, there are aspects of it that we are required to teach.

At the Westgate School we must provide education on:

- We must teach relationships and sex education (RSE) under the Children and Social Work Act 2017, in line with the terms set out in statutory guidance
- We must teach health education under the same statutory guidance

3. Content and delivery

3.1 What we teach

As stated above, we are required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance (linked to above).

Refer to our relationships and sex education policy for details about what we teach, and how we decide on what to teach, in this subject.

3.2 How we teach it

All students from Year 7 to Year 13 will have one Character Education lesson per week where our PSHE curriculum is delivered.

- We will also cover content through assemblies which raise awareness around:
- Our whole-school values of 'Character, Community and Celebration'
- PSHE themes
- British Values
- International news and events
- National news and events and significant dates such as Black History Month
- Individual successes and achievement

Some of the content will be delivered through external providers where a level expertise is required to ensure more sensitive age related RSE content of appropriately taught to our students.

All pupils will be able to access the PSHE curriculum regardless of ability or special educational needs and/or disability (SEND). Student with SEND needs will have bespoke content provided to meet their individual needs.

Teachers and providers will deliver the curriculum without letting their personal beliefs and attitudes affect them. Should any staff require additional support to help with the delivery of content, they can seek this support from Mr P Keating who leads our PD and wellbeing programme.

All resources and material are centrally provided to ensure consistency across our school. The PSHE and RSE Curriculum is designed for each age group and appropriate material is provided.

4. Roles and responsibilities

4.1 The governing board

The governing board will approve the PSHE policy and hold the headteacher to account for its implementation.

4.2 The headteacher

The headteacher is responsible for ensuring that PSHE is taught consistently across the school.

4.3 Staff

Staff are responsible for:

- › Delivering PSHE in a sensitive way
- › Modelling positive attitudes to PSHE and RSE

- › Monitoring progress
- › Responding to the needs of individual pupils

The main staff that are responsible for this are:

Mr P Keating and Mrs H Corby and they can be contacted on:

PKE@westgate.slough.sch.uk

HWI@westgate.slough.sch.uk

4.4 Pupils

Pupils are expected to engage fully in PSHE and, when discussing issues related to PSHE, treat others with respect and sensitivity.

5. Monitoring arrangements

The delivery of PSHE is monitored by Mr P Keating through:

- Learning walks
- External reviews of our PSHE and RSE content
- Pupil questions delivered through our Personal Tutoring Programme to assess understanding and gain feedback.

Our policy will be reviewed annually by our Governing Body.

6. Links with other policies

This policy links to the following policies and procedures:

- › Relationships, sex and health education (RSHE) policy
- › Behaviour policy